

# The Benjamin Foundation



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## Supported Living Accommodation at Butterfly House



The Benjamin Foundation  
Registered Charity: 1124936  
[www.benjaminfoundation.co.uk](http://www.benjaminfoundation.co.uk)

Registered with the  
Care Quality Commission (CQC)  
Location ID: 1-10209709535

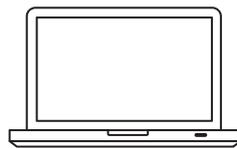
Feb 2021



## About The Benjamin Foundation

The Benjamin Foundation is a local charity, helping people across Norfolk and Suffolk to deal with some of the challenges that life throws at them. Whether it's the prevention of youth homelessness, providing accommodation services, offering emotional wellbeing support or providing youth activities for young people we support local people to bring hope, opportunity, stability and independence into their lives.

We are proud to be a Care Quality Commission (CQC) registered Supported Living provider.

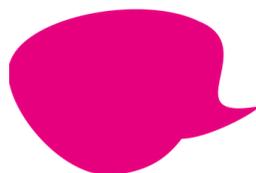


For more information please visit  
[www.benjaminfoundation.co.uk](http://www.benjaminfoundation.co.uk)

## About Butterfly House

Butterfly House in King's Lynn is a Supported Living accommodation delivered by The Benjamin Foundation and we work together closely to provide a high level of care and support for our tenants.

The primary focus for Butterfly House is to provide support and accommodation for young adults aged 18–30 who need support to live independently while managing mental health concerns. However, we are still willing to consider working to support you if you are a young adult with a learning difficulty or neuro-diversity if also need some support with your mental health.



**"The Support Workers at Butterfly House make me feel safe."**



## Your tenancy and support

Our Support Workers will work with you to meet your mental health needs, enabling you to progress in your personal recovery journey and to prepare you for moving on to living independently or with reduced support. Here are some key facts about how we can support you:

1

Butterfly House is a shared house that combines your housing with the level of support you require to successfully manage your tenancy and care needs.

2

You will have your own tenancy rights and will be supported throughout your tenancy at Butterfly House to manage this.

3

The level of support available is tailored to meet the individual needs of our tenants; this could be 24 hour, 7 days a week onsite support, or it could be support staff visiting for a few hours each week when you need them most.





## Flexible support plans

We can offer you a flexible support plan, which is suited to meet your own individual needs and allows you to reach your full potential and achieve your recovery goals.

We can help you to:

- Manage medication and engage with mental health treatment programmes.
- Establish and successfully maintain a tenancy.
- Develop or regain independent living skills e.g. cooking, shopping and household tasks.
- Identify and apply for suitable move-on accommodation.
- Build motivation, confidence and self-esteem.
- Manage personal finances including claiming benefits, budget planning, paying bills and developing money management skills.
- Access education, training, volunteering or employment.
- Live a full and active life in the local community.
- Set achievable goals, manage risks and reach your own potential.

We can also help with personal care, if required.

**"I have gained the confidence and skills to move into my own home and it's all thanks to the staff."**



## Facilities at Butterfly House



- Your own bedroom
- Shared kitchen
- Communal lounge and dining area

- Shared bathroom
- Large garden and outdoor patio area
- WiFi

## Fees



- Rent: £266 per week (Residents supported to make a housing benefit claim where applicable)
- Service charge: (Electricity, Gas, WiFi, TV licenses) £15 per week

We also offer meal packages for those wishing to have that extra support initially with meal times.

This can be reviewed quarterly to ensure we meet your needs and development during your tenancy at Butterfly House.

### Meal package fees:

- Breakfast, Lunch and Dinner (cooked meal) £25 per week
- Dinner only (cooked meal) £15 per week

If you buy a meal package you will be able to make decisions about what you eat. We support healthy eating. If you need special foods, or follow a special diet, the costs above may change – but tell us about it and we will make plans to meet your needs.

Support costs: We will build a package of support for you that meets your needs. We can talk about the costs of this when we meet and agree them with you.

## The local area

Butterfly House is situated in a quiet cul-de-sac, close to the local town centre and the Kings Lynn Walks, which are perfect for strolls and picnics in the summer.

It is also close to public transport links with the train and bus stations with easy reach. Local amenities, such as the cinema, bowling alley and swimming pool are also nearby.

The town centre itself is pedestrianised and has well-known high street shops, many of which are located in the popular Vancouver Quarter. There are also a wide range of restaurants, coffee shops, cafes and takeaways, and markets are held in the town centre every Tuesday and Saturday.

From the quay, there are views across the River Great Ouse towards West Lynn, and the seaside town of Hunstanton is just a short bus ride away.



I finally feel...  
understood

## Contact us

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